

If I was you I'd just relax because nobody's forcing you to do it, you can just make up stuff and enjoy yourselves.

Just do it, it's by your rules.

Ask other people to join in.

You can use a laptop to type out who is safe and who is not or you can imagine in your head what ever you want and see what it's like.

Pretend one thing is another thing.

Whatever place you are in you can pretend its somewhere else, like the kitchen can be the city.

Use towels, watches and gloves, whatever.

You need at least two people.

It depends what you're doing but sometimes it can be fun.

The best place for it is in the park.

When you've done it someone can say "MISSION ACCOMPLISHED."